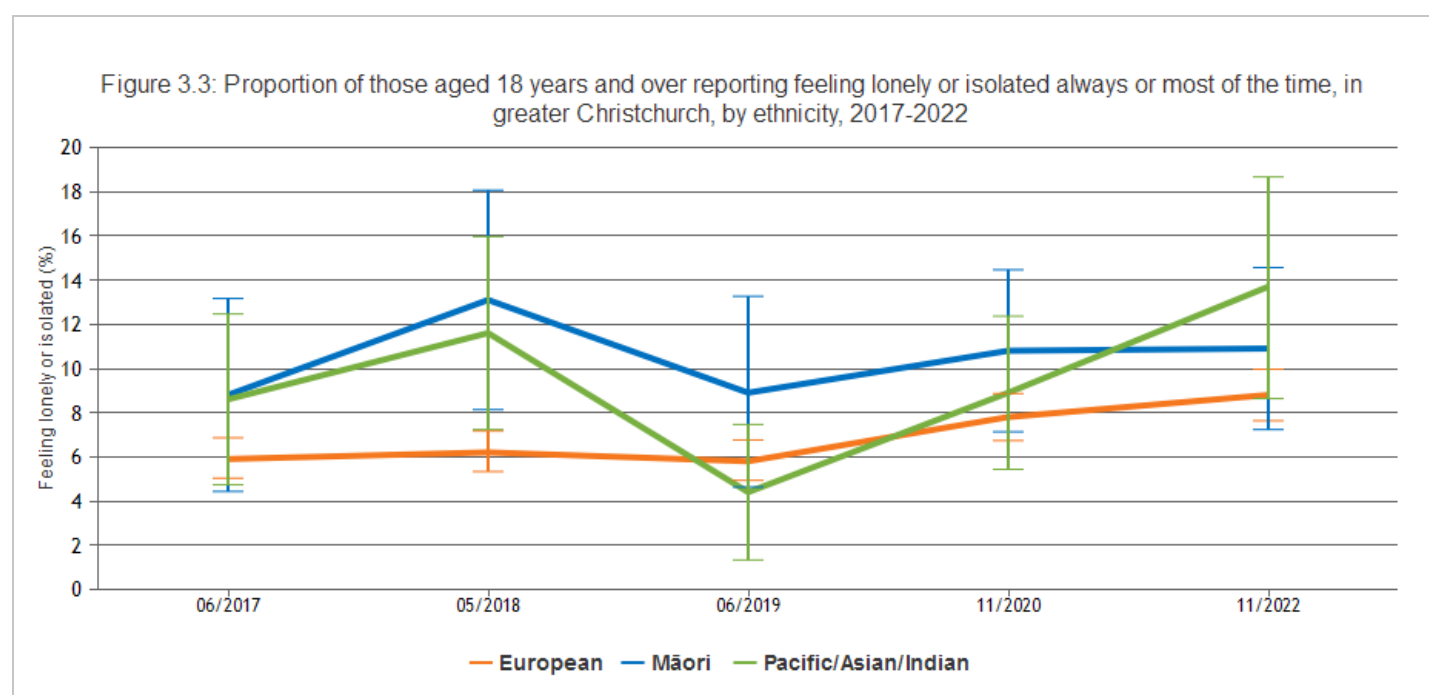


# Loneliness and isolation: Breakdown by ethnicity

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The figure shows the proportion of respondents who reported feeling lonely or isolated, always or most of the time, 2017 to 2022, for European respondents, Māori respondents, and for Pacific/Asian/Indian respondents (8.8%, 10.9%, and 13.7%, respectively, in 2022). Generally, a lower proportion of European respondents reported being socially isolated compared with Māori and Pacific/Asian/Indian respondents over the time series shown, however the differences are not statistically significant (except for Māori respondents compared with European respondents, in 2018). Note that these comparisons do not take into account possible confounders such as income or age.

## Data Sources for Loneliness and isolation

**Source:** Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Loneliness and isolation indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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