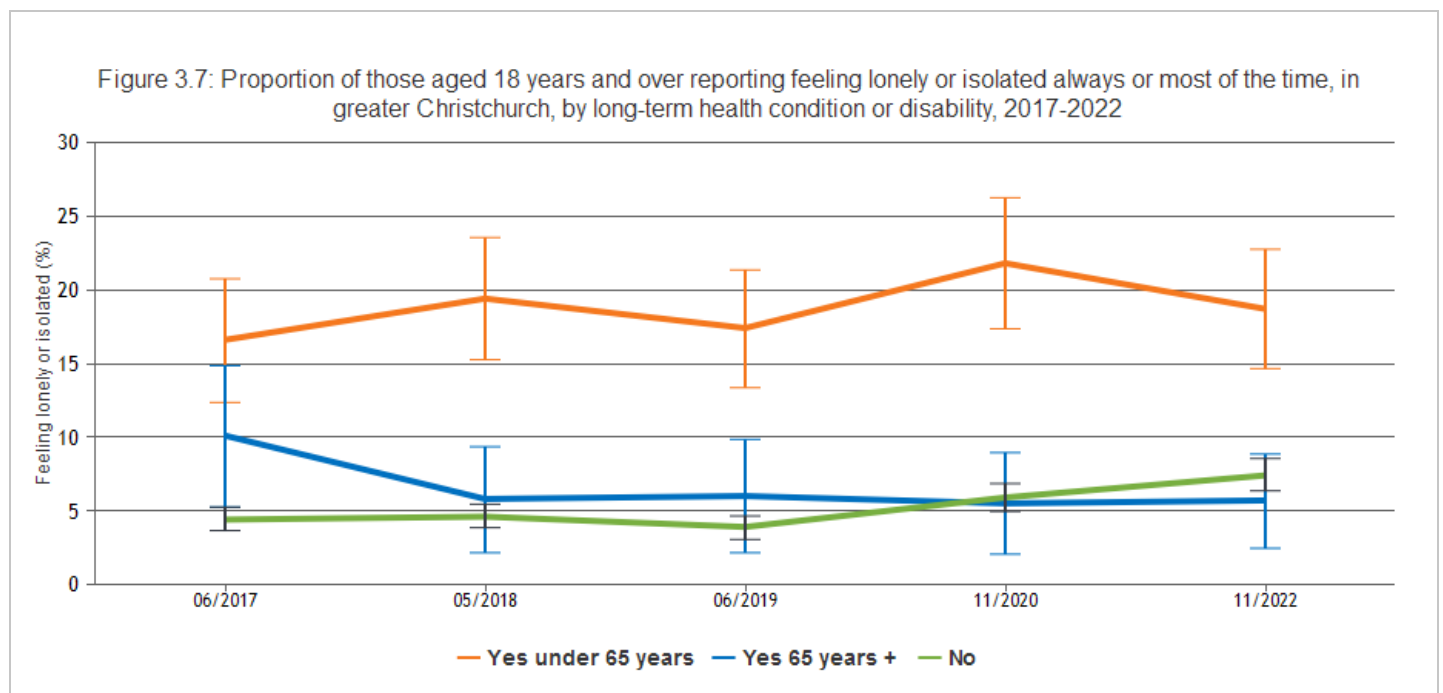


# Loneliness and isolation: Breakdown by disability

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The figure shows statistically significantly higher levels of social isolation (the proportion of those respondents reporting feeling lonely or isolated, always or most of the time) for those respondents aged under 65 years, with a long-term health condition or disability, compared with those without, in greater Christchurch, 2018 to 2022. However, for the over 65 years group, the proportion reporting feeling lonely or isolated, always or most of the time is similar to those without a disability, over the time series shown.

### Data Sources for Loneliness and isolation

**Source:** Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Loneliness and isolation indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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