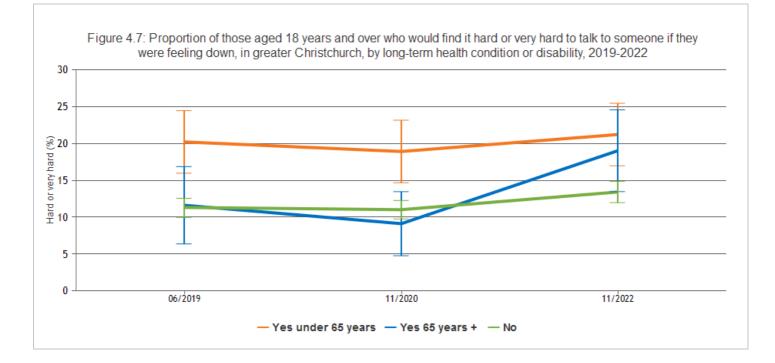


## Emotional support: Breakdown by disability

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The figure shows statistically significantly higher proportions of respondents who would find it hard or very hard to talk to someone if they were feeling down, for those aged under 65 years with a long-term health condition or disability, compared with those without a long-term health condition or disability, in greater Christchurch, 2019, 2020, and 2022 (21.2% and 13.4%, respectively, in 2022). Respondents with a long-term health condition or disability who were aged 65 years and over, had a similar proportion indicating they would find it hard or very hard to talk to someone, compared with the under-65 years disability group and those without a long-term health condition or disability, in greater Christchurch, in 2022 (19%, in 2020).

## **Data Sources for Emotional support**

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

Survey/data set: Canterbury Wellbeing Survey 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/

Source data frequency: Annually.

Metadata for the Emotional support indicator is available at https://www.canterburywellbeing.org.nz/index-data

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